Step 1: Confess sins then renounce pride, rebellion and self-centeredness

Father in heaven, in the name of Jesus, I believe that Jesus died on the cross for my sins and rose again from the dead. I confess all my sins and repent. I forgive everyone who has hurt me. Father, please forgive me and cleanse me by the blood of your son Jesus.

Father, I know that pride is an abomination to You; that a haughty look, a lying tongue, hands that shed innocent blood, a heart that devises wicked imaginations, feet that are swift in running to mischief, a false witness that speaketh lies, and he that sows discord among brethren are seven things that the Lord hates and are an abomination unto God. I renounce these things and turn away from them. I humble myself and come to You as a little child.

I come to You for myself, family and friends, confessing that we have been rebellious, disobedient, stubborn and self-centered. We renounce and forsake these sins and ask for forgiveness and deliverance, in Jesus’ name. Thank-you Lord for your forgiveness. In the name of Jesus I pray. Amen.

Step 2: Breaking all the curses

In the name of Jesus Christ, I break and loose myself and my family from all curses caused by habits, charms, hexes, spells, jinxes, psychic powers, sorcery, bewitchments, witchcraft, love potions, psychic prayers, violence, trauma, physical bondages, mental bondages and divination, which have been put upon us, going back to Adam and Eve on both sides of the family.

I break and loose myself and my family from all related demons; from any person or any occult or psychic sources and any demons coming through the bloodlines. I cancel all invitations I’ve made to unclean spirits.

Father, I break and renounce all evil soul ties that I have ever had with (lodges, fraternities, adulterers, sexual partners, close friends, girl friends, boyfriends, spouses, brothers, sisters, parents, grandparents, engagements, cults, occult objects, dolls, figurines, junk food, movies, anime, TV shows and secular music). I renounce these soul ties and declare them destroyed by the Blood of the Lord Jesus Christ. I ask You, Father, for forgiveness.

I renounce, break and loose myself and family from all false religions, especially Roman Catholicism/Hinduism/Islam/Buddhism/other religion. I also renounce unbelief, doubt, lies, fear, hatred and anger. I bind and cast out all related spirits.

I renounce, break and loose myself from all demonic subjection to my mother, father, grandparents, or any human being, living or dead, who has dominated me in any way against your will Lord. Thank you for setting me free.

I command satan, to loose all natural resources, land, animals, money, the finances of people who owe us money, and all the things you have stolen from my family that are ours through the blessings of Jesus. Father, please send Your angels to bring these things back to us. In the name of Jesus I pray. Amen.

Step 3: Bind the demons and cast out the demons

Through the blood of Jesus, I am redeemed out of the hand of the devil and all my sins are forgiven. The blood of Jesus Christ, God’s Son, is cleansing me now from all sin. Through the blood of Jesus, I am justified, made righteous, just as if I had never sinned. Through the blood of Jesus, I am sanctified, set apart for God. My body is a temple for the Holy Spirit, redeemed, cleansed, sanctified by the blood of Jesus. I belong to the Lord Jesus Christ, body, soul and spirit. His blood protects me from all evil. Satan has no more power over me, no more place in me. I renounce him and his hosts completely and declare them to be my enemies. Jesus said: “And these signs shall follow them that believe: In my name shall they cast out devils: ….” (Mark 16:17). I am a believer, and in the name of Jesus Christ, I exercise my authority and expel all evil spirits. I command them to leave, according to the Word of God and in the name of Jesus.

Find a strong believer to pray the next section. If you can’t find one, try praying it yourself (or contact me: ______________________________)
I bind the principalities, powers, rulers of darkness, spiritual wickedness and all the strong demons in the name of Jesus.

Father in heaven, I ask for legions upon legions of angels from heaven in the name of Jesus to rescue me. Angels of the Lord, at Jesus’ command, attack every unclean spirits in Jesus’ name. [Now, issue the following commands below – listed in general order of effectiveness]

- Every evil spirit if you hear my voice, tell me your name in the name of Jesus? Tell me how long have you been in there? What have you been doing inside? How many are inside in the name of Jesus?
- Every evil spirit if you hear my voice, I command you to attack the strongman. Do not stop in the name of Jesus. Rip off the shields in the name of Jesus.
- Every evil spirit attack each other in the name of Jesus, attack, attack, attack. I order civil war in the name of Jesus.
- I loose burning judgement and destruction upon you in the name of Jesus.
- I send Holy Spirit fire to burn you 1,000 times hotter than hell in the name of Jesus.
- I send Holy Spirit fire into your head, heart and belly in the name of Jesus.
- I cut all evil spiritual connections to my body and burn it away in the name of Jesus.
- I torment you demons and give you no rest in the name of Jesus.
- Father in heaven, send power from the third heaven to destroy these demons in the name of Jesus.
- I rebuke and cast out every unclean spirit in the name of Jesus.
- I trample on you and shatter your being, in the name of Jesus.
- I come against every unclean spirit by the blood of the lamb.

[Repeat each command as directed by the Holy Spirit. End the deliverance by giving thanks to God and praising him in the name of Jesus. If you know of other effective commands, email them to me at lloyd.chin@gmail.com]

(If the prayer doesn’t work for you, there is probably something in your life that gives legal right for the spirits to remain).

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Step 4: Protection prayers for you who are the body of Christ

Father in heaven, I continually confess my sins, pride, rebellion and self-centredness and come to you as a little lamb. Please help me kill off my old self and praise your name constantly. Wash me clean by the blood of Jesus Christ to sanctify me, as if I had never sinned.

I ask that you send your ministering spirits to protect your people; and all people and animals that would be sacrificed or cursed by occult practices. I loose legions upon legions of angels to warfare, restore souls, protect believers, and stop us from believing and agreeing with lies.

In the name of Jesus, I loose legions upon legions of angels to release breakthrough upon myself, my family, friends and the world in the name of Jesus.

I loose the spirit of understanding and wisdom, the spirit of counsel and might, the spirit of knowledge and fear of God upon myself, family and the world. I loose the spirit of power, the spirit of love, and the spirit of sound mind against the spirit of fear. I loosen the spirit of adoption to draw people to Christ.

Father, please pour out your Holy Spirit to convict the world of sins and to soften hearts to see truth. Above all, I pray for your will, Father, to be done on earth even as it is done in heaven. In Jesus’ name I pray. Amen.

Keep the demons out

Read the bible and do the word of God properly. Start from Matthew and read to Revelation first. Then do the old testament. Why? Because we are commanded to: Matthew 4:4 King James Version (KJV)

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

Now GET WATER BAPTISED BY FULL IMMERSION. If you need help with scripture or if you can’t get the demons out yourself, email me at ______________________ or Skype me: ______________________.
Sources of occult power

Martial Arts of all kinds: karate, tae kwon do, kung fu, boxing, kickboxing, mixed martial arts – studying it, doing it or watching it.

“Luck” or “wish”: Using these words, or good luck charms, horseshoes, wishing on a star, four leaf clover, rabbit’s foot, blowing out birthday candles and making a wish, breaking a “wishbone,” (the word luck comes from the word Lucifer — Satan) and gambling.

Physical health related: Biorhythm and feedback, reiki, acupuncture, acupressure and yoga.

Witchcraft: animal sacrifice, crystal ball, phrenology (fortune-telling by bumps on the head), irisology (fortune-telling by iris of eyes), foot reflexology, palm reading, incense burning, horoscope, signs of Zodiac, birthstones, astrology, voodoo, all kinds of magic, astral projection, ventriloquism, levitation, table tipping and water witching (dowsing or divining, also used to find other things), psychometry (divination by objects), Eckankar, out-of-body travel, scéances, spirit guides or counselors, Edgar Cayce, Jean Dixon, Derren Brown, mind control, Transcendental Meditation and tea leaf reading.

Games: Ouija board, Charlie Charlie Pencil Game, 8-Ball, Dungeons & Dragons (used for advance training of witches), Tarot cards, Extra Sensory Perception, hypnosis, metaphysics and automatic handwriting analysis.

Religion: reincarnation, false religions, spiritualism, spiritism, ancestral worship, false cults, freemasonry, fraternities, Kabala, Eastern religion, hinduism, taoism, confucianism, krishna, zen, jehovah’s witness, Rosicrucian, bahai, scientology, Christian Science, islam, black muslim, mooneys.

Drugs: illegal drugs, tranquilizers, pain relievers, (that do not heal but only hide the pain), smoking, and excessive alcohol and caffeine consumption.

Secular music, TV, MTV and movies.

Notes on spiritual warfare

The above prayer works due to this universal law:

Philippians 2:10 King James Version (KJV)

10 That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth;

No exceptions.

God is already fighting the battle: When you pray, God is already sending angels and spiritual power to rescue you. Do not hope that God will send angels and spiritual power – know that God is already doing it in accordance with this verse:

1 Corinthians 15:57 Young’s Literal Translation (YLT)

57 and to God — thanks, to Him who is giving us the victory through our Lord Jesus Christ;

Spiritual warfare is a process: Healing and deliverance can be immediate but often you won’t immediately see the results of your prayer. Why? Because it takes time for God’s angels and the Holy Spirit to cleanse our bodies from corruption. In the case of Paul rebuking the evil spirit from the possessed woman in Acts 16:16, it took one hour for the spirit to depart. When Jesus healed the ten lepers, the leprosy departed as the lepers went to the Priest.

Demons have the power to resist but they cannot resist God’s angels and power indefinitely. In the case of Daniel, a demon was able to resist God’s angel for 21 days before the archangel Michael intervened to assist:

Daniel 10:13 King James Version (KJV)

13 But the prince of the kingdom of Persia withstood me one and twenty days: but, lo, Michael, one of the chief princes, came to help me; and I remained there with the kings of Persia.
Faith is not hope: After praying, give thanks to God for already fighting for us. Don’t hope that God will fight for us. This is the difference between faith and hope.

Mark 11:24 King James Version (KJV)

24 Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them.

This means believe that we have received or will receive what we have prayed for no matter how long it takes. If your prayers haven’t been answered, keep praying.

How long should we keep asking God? Daniel prayed for 21 days. Abraham was 100 years old when he had Isaac. Elizabeth was well advanced in years when she was pregnant with John the Baptist. So, keep praying. Generally, deliverances from evil spirits take a few days or months. Healing may be instant or take a year or more to occur. Other things like asking God for children could be immediate or take years.

Do not ask God for wealth, fame and power. God will never give us things to satisfy the desires of our flesh. Especially, do not ask for a luxury car or a carpark spot unless it is absolutely needed for God’s work, which is to save souls. God is not our genie. If we asked for these things and received them, it wasn’t from God for God would not desire for us to be in the flesh and die:

James 4:3 New King James Version (NKJV)

3 You ask and do not receive, because you ask amiss, that you may spend it on your pleasures.

When you are in Christ, all your prayers will be answered: If we are walking after the Spirit of God, ask whatever we want and it shall be done for us. But remember this, the Spirit of God has but one purpose: to save souls.

John 15:7 King James Version (KJV)

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

Fasting greatly increases spiritual power:

Matthew 17:19-21 King James Version (KJV)

19 Then came the disciples to Jesus apart, and said, Why could not we cast him out?
20 And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.
21 Howbeit this kind goeth not out but by prayer and fasting.

Note, this implies that Jesus was constantly praying and fasting. It is highly recommended to fast one or two days a week (drink water only). If an old woman of 84 can constantly fast and pray, we can constantly fast and pray:

Luke 2:36-37 King James Version (KJV)

36 And there was one Anna, a prophetess, the daughter of Phanuel, of the tribe of Aser: she was of a great age, and had lived with an husband seven years from her virginity;
37 And she was a widow of about fourscore and four years, which departed not from the temple, but served God with fastings and prayers night and day.

The importance of prayer: Prayer is super powerful and important.

Ephesians 6:12 King James Version (KJV)

12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Create a list of people to pray for and then ask God to do the following daily:
- Pray step 4 of the prayer above. Add below as required:
- Send labourers and angels to release breakthrough.
- Break satan’s hold over people’s lives.
- Destroy satan’s kingdom of darkness.
- Have mercy on the souls of people.
- Send dreams and visions to people.
- Shine the light of Christ into people’s heart and minds.
- Remove the blindness that is over their eyes.
- Send the Holy Spirit to convict people’s heart of their sins.
- Give us his spirit of obedience.
- Do the Father’s will in our life and the lives of others.
- To take more of us and give us more of Jesus Christ.